

# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

April 2019

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 4

## GROUP PURPOSE

### *Why are we here:*

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.

### **Facilitating Victim Advocates**

Ahmanal Dorsey  
DorseyA@sacda.org  
916-874-6193

Michelle Husbands  
Husbandsm@sacda.org  
916-874-5430

Tatiana Morfas  
MorfasT@sacda.org  
916-874-6741

## UPCOMING MEETINGS

**Wednesday May 1st, 2019 @ 6:30 pm**

Kaiser Building across from Sacramento's DA's office  
906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

## In Loving Memory

### April Dates of Birth

Ronald Westley Swift	04/29/1981
Quinnisha Thomas	04/21/1984
Travell Collins	04/15/1979
Michael Ross	04/05/1984
James Robert Treiberg	04/15/1969
Larry Carrisosa	04/27/1949
David L. Sargent II	04/12/1975
Michelle Montoya	04/23/1979
Vikki Lynn Lustig	04/01/1968
Glenn C. Whitten	04/25/1977
Robert Booher	04/22/1942
Michael Izell Brown	04/19/1982
Travell Collins	04/15/1979
Donnell Harden	04/17/1969
Manuel Alexander	04/11/1971
Julie Ann Carrera	04/09/1977
Michael Ross	04/05/1984
Fredrick Karl Johnson	04/26/1965
Clifford Owens	04/06/1983
Bart Santiago	04/28/1962
Xochitl Djeda Martinez	04/24/1971
James Laskey Ramirez	04/27/1987
Roosevelt Cambell Jr.	04/05/1966
Albert Lloyd Titman	04/16/1986
Robert Christopher Placencia	04/12/1989
Adrian Hutchins	04/20/1986
Larry Gibbs	04/28/1971
Damon Perkins	04/19/1980
Valeeya Brazile	04/07/2004
Leo Velasco	04/13/1986
Isaac-Michael Bartkovsky	04/26/1990
Divya Madelyn Ram	04/20/2006
Rebecca Layson	04/26/1992
Avery Sanders	04/20/1952
Karen Curtin	04/29/1959
Truly Lo	04/12/1998

### April Dates of Loss

Nancy Jenkins-Smith	04/21/2001
Tamar Puccinelli	04/05/1993
Stephanie Murphy	04/15/1999
Adam Todd	04/30/2000
James Jones	04/24/2003
Ryan Smith	04/28/2002
Nicholas Bateman	04/02/2000
Demetrio N. Nambo	04/24/1994
Francis Smith	04/17/1998
Thomas Swafford	04/27/1998
Julianna Lacefield	04/11/1998
Andrew Montano	04/17/1998
Mi'Angelo Cordero	04/16/2002
Cheryl Brinkley	04/10/2005
Kevin Moore	04/26/2005
Michael Villescaz	04/24/1994
Roosevelt Cambell Jr.	04/23/2006
Raymone Joseph Washington	04/23-2006
Lonnie L. Taylor	04/23/2006
Gary James Maryland	04/13/1996
Victor Lima	04/11/2006
Raymond Lee Robinson	04/11/2006
John Kenneth Green	04/12/2008
Alexander Villa	04/04/2009
Thomas Kimble	04/16/2009
Katricia Banks	04/11/2009
Leo Velasco	04/24/2009
Dusty Rose Vazquez	04/09/2009
Martin Ramirez Jr.	04/11/2009
Jazzmyne Sharnaë Bruner	04/15/2010
Francisco ' Frankie ' Flores	04/14/2011
Ubaldo Barraza	04/22/2012
Charles Wayne Smythe	04/28/2001

**Grief**  
**by Gwen Flowers**

I had my own notion of grief.  
I thought it was the sad time  
That followed the death of someone you love.  
And you had to push through it  
To get to the other side.  
But I'm learning there is no other side.  
There is no pushing through.  
But rather,  
There is absorption.  
Adjustment.  
Acceptance.  
And grief is not something you complete,  
But rather, you endure.  
Grief is not a task to finish  
And move on,  
But an element of yourself-  
An alteration of your being.  
A new way of seeing.  
A new definition of self.



**Sacramento Chapter of  
Parents Of Murdered Children**

Is hosting its

Fifth Annual Balloon Release

Monday, April 8, 2019

From 10:00 am to 1:00 pm

With the Balloon Release scheduled for 12:00 pm

At the McKinley Rose Garden

Sacramento California

Please contact Misty Foster Chapter Leader  
at [SacPOMC@gmail.com](mailto:SacPOMC@gmail.com) with any questions.

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**CANCELLED**

**2019 Crime Victims United- March on the Capitol**

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at [husbandsm@sacda.org](mailto:husbandsm@sacda.org) by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

**Meeting Dates & Times:** May 1st , 2019 @ 6:30 pm  
June 5th, 2019 @ 6:30 pm (Summer Potluck)  
Summer break July & Aug — No group

**Children's Support Groups:** Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. [www.sutterchildrens.org/childbereavement](http://www.sutterchildrens.org/childbereavement)

**UC Davis Hospice** young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

**SNOWLINE Healing All Together** provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group. Sessions are every other Tuesday Jan 22nd, Feb 5th & 19th; March 5th & 19th; April 2, 16th and 30th; May 14th.

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.

# Grief Support and Resources

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4<sup>th</sup> Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call (916) 879-4541

**Crime Victim's United of California** sponsors a victim's support group **the 2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

**Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at [tcfsacvalley@gmail.com](mailto:tcfsacvalley@gmail.com)

**Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm** at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN  
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;  
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

**Grace Beren: 916-730-5640; Earline Harris: 916-204-3399**

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)

[www.1800victims.org](http://www.1800victims.org)

[www.crimevictimsunited.com](http://www.crimevictimsunited.com)

[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance

[www.pomc.org](http://www.pomc.org)

[www.pomc.org/sacramento](http://www.pomc.org/sacramento)