

# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

June 2014

<http://www.sacda.org/divisions/vw/vw.php>

Issue 5

## GROUP PURPOSE

### *Why are we here:*

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



### Victim Advocates

Ahmanal Dorsey  
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## UPCOMING MEETINGS

**SUMMER BREAK NO MEETING JULY & AUGUST**

**Next meeting September 3rd, 2014**

**Sacramento District Attorney's Office  
901 G Street, Sacramento CA  
Please park in the jury lot on 8th & G, or behind the  
building and enter through the back door.**

June Dates of BirthJune Dates of Loss

Allen Qualls	06/03/1979	Brandon Timmons	06/04/2003
George Edward Haynie, Jr.	06/12/1977	Otilla Carrington	06/04/2003
Mi'Angelo Cordero	06/08/1982	Freddie Rodriguez III	06/29/2003
D. Johnson	06/02/1982	Wesley Hunter	06/07/2003
Andres Martinez	06/12/1975	Jesus J. Morales	06/30/1998
Timothy Donaldson, Sr.	06/12/1961	Derek C. Mathis	06/15/2003
Derek C. Mathis	06/13/1978	William Gomes	06/26/2004
Donte' M. Rogers	06/11/1984	Carl J. Johnson	06/15/2004
Steve Morris Smith	06/29/1981	Sha Tavia Leann Westbrook	06/22/2003
Jerry Johnson Jr.	06/13/1969	Damon Jacob	06/21/2004
Juan Jose Guzman	06/10/1968	Michael Anderson	06/23/1996
Lonnie L. Taylor	06/09/1965	Juan Jose Guzman	06/07/2006
Eirka Renee Barrios	06/18/1980	Travis Leon Hempstead	06/30/2005
Jonathan Giurbino	06/02/1987	Erick Anthony Young	06/11/2006
Paul Ray Cousins III	06/19/1987	Augusto E. Lopez-Garcia	06/16/2006
Patrick Razaghzadeh	06/17/1984	Gabriel Martinez	06/25/2006
Shawn Chaney	06/30/1969	Aaron M. Strauthers	06/10/2007
Francisco Jesus Medina-Tomas	06/11/1993	Joseph Roneel Dutt	06/29/2007
Thomas Massie	06/10/1988	Mary Ourk	06/02/2007
Lanajah Nachele Dupree	06/03/1996	Marie Buchanan	06/10/1990
Monica Anderson	06/13/1983	Damon Jacobs	06/21/2004
Pamela Johnson	06/25/1955	Floyd Wehe	06/04/2006
		Travis Smith	06/18/2008
		Braeden Gardner	06/17/2009
		Anthony Lamar Barnett	06/17/2010
		Avery Sanders	06/17/2010
		James Arthur	06/03/2009

## Not Enough Time

The time we had, Dad,  
Wasn't nearly enough  
To pack in an entire  
Lifetime of love.

There are so many questions  
That I need answers to,  
But now that you're gone  
There's no way to ask you.

But there are still photos  
To remember you by,  
Each time I look at them,  
I still want to cry.

They say grief is easier  
to bear as time goes by,  
But the doesn't stop me  
from wondering why?

Why my dear, sweet dad  
Was taken so soon,  
When he was my guiding star,  
My sun and my moon.

There are no answers  
To a question like this,  
So I'll cherish your memory,  
And mourn the years we'll miss.

" [A] final  
comfort that is  
small, but not  
cold: The heart  
is the only  
broken  
instrument that  
works"

## The Scream

The smile you see is not all of me, for I am not what I seem.  
I laugh and smile but all the while, my smile holds back a scream.  
For when I see a little boy, playing on the sand  
I think about my little boy, and I want to hold his hand.

And when I see a dark-haired teen so happy and so free  
I think about my youngest son who died at seventeen.  
That's when the scream comes welling up, from in my soul so black,  
And so my smile must block it in, and laughter hold it back.

I saw him born and watched him grow, into a bright young man.  
But through the years I couldn't know all that God had planned.  
The suffering within my heart is evident to none.  
I do my job, I play the part, and miss my youngest son.

And now he would be twenty-one; I see him in my dreams  
I celebrate the milestones while my smile holds back a scream.  
For four long years I've ached for him; his smile and warm embrace  
His goals, plans, hopes and dreams, the loss of all I face.

So, when they say "She takes it well; she's so strong, we all can tell.  
How well her life continues on, almost if he wasn't gone."  
Remember that I'm not so sane; pretending, keeping up the game,  
My nightmare life trapped in a dream. You see, my smile holds back a scream.

By Terri Lancaster, In Loving Memory of David C. Ford April 17, 1988- April 12, 2005



## ANNOUNCEMENTS

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at [husbandsm@sacda.org](mailto:husbandsm@sacda.org) by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

**Meeting Dates & Time :** Summer break July & August (possible informal meeting in local park) please contact Buff @ 916-534-3322 for more information.

Next meeting September 3rd 2014 @6:30 pm @ Sacramento District Attorney's Office

### **Children's Support Groups:**

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. [www.sutterchildrens.org/childbereavement](http://www.sutterchildrens.org/childbereavement)

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.



## Grief Support and Resources

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4<sup>th</sup> Monday of each month from 6:30 pm - 8:00 pm** at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

**Crime Victim's United of California** sponsors a victim's support group the **2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

**Sacramento Valley Compassionate Friends** meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

**VIVA—Volunteers in Victim Assistance** is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN  
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;  
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

**Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640**

**Earline Harris: 916-204-3399**

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)

[www.groww.com](http://www.groww.com)— Online grief support group

[www.1800victims.org](http://www.1800victims.org)

[www.crimevictimsunited.com](http://www.crimevictimsunited.com)

[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance

[www.pomc.org](http://www.pomc.org)

[www.pomc.org/sacramento](http://www.pomc.org/sacramento)